



FREE COMMUNITY BASED PROGRAM

We are excited to invite families to join our FREE **“Parent-and-Me” Classes**, designed to support early learning, connection, and fun for young children and their caregivers.

What to Expect

Enjoy a structured and engaging experience that enhances each child’s growth in all areas of development that includes:

- **Circle time:** promotes language and self-esteem.
- **Learning centers:** give children the opportunity to explore, play, and learn at their own pace in a structured environment.
- **Outside activities:** enhance socialization, community building, and environmental exploration.
- **Snack time:** creates a sense of community. Eating together builds connection and belonging.

Program Locations & Schedules

- **Arleta:** Monday-Friday
- **Reseda:** Monday and Wednesday
- **Van Nuys:** Tuesday, Wednesday, and Thursday

Program Time: 9am-12pm



Participation Details

- Open to families with children ages 18 months to 5 years
- **Reservation is required as spaces are limited**

Please scan QR code to register, and one of our team members will call you to reserve your spot, depending on availability.



We look forward to connecting soon!



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